



## O'Donnell Eagles....Flying Strong

### HEALTH EDUCATION REPORT

1/10/2023

Though a structured Health Education Class is provided on our Secondary Campus, practice of healthy behaviors is provided to all of our students in the District.

We build student knowledge about physical, emotional, mental, and social health.

Motivational efforts are used for the student to improve upon or maintain their overall health.

**Health topics/strategies include:**

Prevention of disease

Reduction or elimination of risky behaviors (Tobacco use, vaping, alcohol, etc)

Healthy environments/diet

Maintenance of healthy behaviors