

O'DONNELL ISD

School Health Advisory Council and Wellness Committee Agenda

January 29, 2021

Welcome

Introduce SHAC and Wellness Committee Members/Stakeholders

Covid Updates/Changes/Report – Dr. Cathy Palmer

2019-2020 Wellness Events Held – Heidi Cobb

- Children's Health Fair
- Community Flu Shots
- Mobile Mammo's
- Color Run – Out of School
- Mile Monday – Cancelled due to Covid
- Fantastic Teeth – 1st Graders
- Fitness gram – Required but waived due to Covid
- Vision, Hearing & Scoliosis Screenings – Required

2020-2021 Wellness Events Planned – Heidi Cobb

- Children's Health Fair – Cancelled due to Covid
- Fantastic Teeth – 1st Graders – Spring of 2021
- Community Flu Vaccines – Done in October 2020
- Turkey Run – Cancelled due Covid
- Color Run – Spring 2021 if able
- Elementary Track Meet – Spring 2021 if able
- Fitness Gram – Required unless waived again this year
- Vision, Hearing & Scoliosis Screenings – Required
- Mile Mondays – Weather permitting

Publishing requirements – Pam Wilson

- Copy of wellness plan, with dated revisions (if any)
- Notice of any Board revisions to policy (if any)
- SHAC Meeting dates and agendas
- SHAC annual report on the District's wellness policy & plan

Future Meeting Dates

- March 9, 2021
- May 11, 2021

Student Health Update – Heidi Cobb

Physical Education Update – Taylor Feliciano

Food Service Report – Federal regulation and guidance to include childhood obesity –
Educational Information – Melissa Clark

Any Wellness Plan Proposed Changes?

Any complaints, questions or concerns?

