



## O'DONNELL ISD

### School Health Advisory Council and Wellness Committee Agenda

September 10, 2019

Welcome

Introductions/Members

Meeting Requirements/Set meeting dates for this year

OISD Wellness & SHAC Policy Review

Wellness Plan Proposed Changes

SHAC/Wellness Annual Board Report (Set month)

Program Evaluation Requirements (Every 3 years)

Required items for posting/publishing

- ❖ Use of District's recreational facilities, such as tracks, playgrounds & the like are available outside of the school day
- ❖ Annually inform and update the public about the content and implementation of the of the wellness policy, the wellness plan, and the required implementation assessment
- ❖ District policies adopted to ensure that all school students engage in at least the amount and level of physical activity required by Education Code 28.002(1)
- ❖ Number of times during the preceding year SHAC has met – Post minutes
- ❖ District adopted policies ensuring compliance with the Texas Education Agency's vending machine and food service guidelines for restricting student access to vending machines
- ❖ Penalties for E-cigarettes and tobacco use by students and other on school campuses or at school sponsored or related activities
- ❖ Notice to parents that they can request in writing their child's physical fitness assessment results

## 2018-2019 Wellness Events Held

- ❖ Children's Health Fair
- ❖ Community Flu shot clinic
- ❖ Mobile Mammo Screening
- ❖ Heart Evaluations /ECG's
- ❖ Color Run
- ❖ End of school water day-PK-5th
- ❖ Mile Monday (weather permitting) PK-5<sup>th</sup>
- ❖ Fantastic Teeth - 1<sup>st</sup> graders
- ❖ Elementary school track meet

## 2019-2020 Wellness Event Plans

- ❖ Youth Mental Health First Aid Class - Completed for staff
- ❖ CPR re-certifications - Completed for staff
- ❖ Children's Health Fair - October 8, 2019
- ❖ Community Flu shot clinic - October 8, 2019
- ❖ Heart Evaluations/ECG's
- ❖ Color Run
- ❖ End of school water day - PK-5<sup>th</sup>
- ❖ Mile Monday (weather permitting) PK-5<sup>th</sup>
- ❖ Elementary Track Meet
- ❖ Fantastic Teeth - 1<sup>st</sup> graders

## Required Wellness Activities

- ❖ Vision, Hearing & Scoliosis Screenings
- ❖ Fitness Gram Program
- ❖ Physical Education curriculum consistent with national & state standards

Suggestions, Questions or Concerns:



